

POSITIVE REACTION

SEPTEMBER 2006

INTERNATIONAL AIDS CONFERENCE

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- BY: CHARLIE GRINDLE**

The 16th International AIDS Conference was held August 13th through the 18th in Toronto, Canada and was attended by 24,000 delegates from 170 countries. Prominent opening speakers included Bill Gates and Bill Clinton who "expressed hope that the tide of the virus could be turned," the *LA Times* reported.

Important issues covered at the conference included vaccine research, pre-exposure prophylaxis, and female controlled microbicides.

While focus of the previous conference in Bangkok was on access to treatment, delegates in Toronto stressed prevention education with UNAIDS reporting that HIV infection rates are outrunning AIDS-related deaths. Criticism resounded from Stephen Lewis, UN Special Envoy for HIV/AIDS in Africa, con-

cerning abstinence only prevention programs. Heavily condemned was the 'ABC'—Abstinence, Be Faithful, Use Condoms—approach favored by President Bush's Emergency Fund for AIDS Relief (PEPFAR).

Other criticism reigned for G8 leaders who maintain large gaps between their commitment of funding of HIV/AIDS programs and their actual support thus far. According to Lewis, "No one is sure where the billions of dollars needed to achieve universal access, prevention and care will come from." In this way, the official theme of the conference, "Time To Deliver", was an appropriate plea from activists to the wealthiest of the world, asking that they follow through on promises made.

On Wednesday August 23rd,

University of Southern Maine's Department of Nursing hosted an International Seminar on HIV/AIDS care in Tanzania. The featured speaker was HIV nurse Winfrida Wilfred Mwachala, the founder and director of St. Lucia Nursing Home which is the only HIV/AIDS nursing home in Tanzania. Also leading the discussion with Mwachala was Grete Chandler, MPH, an international public health worker. The two have only recently returned from the 16th International AIDS Conference in Toronto. They spoke about research and treatment from their international perspective. Winfrida also used this time to share more details about the situation in Tanzania and the daily workings of St. Lucia. While in the Portland area, Winfrida was able to visit the Peabody House and the Positive Health Care Clinic.

HIV/AIDS: FACT OR FICTION

- You shouldn't use swimming pools or hot tubs that people who are HIV positive use.

FICTION: The chemicals used in swimming pools and hot tubs would instantly kill any HIV, if the hot water hadn't killed it already.

SUPPORT GROUP SURVEY

Please check the support group or groups that you would be interested in attending.

- | | | | |
|--------------------------|-------------------|--------------------------|-------------------|
| <input type="checkbox"/> | Heterosexual | <input type="checkbox"/> | Book club |
| <input type="checkbox"/> | HIV Heart Circle | <input type="checkbox"/> | Nutrition |
| <input type="checkbox"/> | Hepatitis and You | <input type="checkbox"/> | Social Activities |
| <input type="checkbox"/> | Clean/Sober | <input type="checkbox"/> | Other: _____ |

Please list the times and days that you would be willing to attend.

Time: _____ Days: _____

To have your survey counted please cut this section out and return this to your case manager or mail it to FPC, Attn: Mary Martha Gantt, 335 Valley St., Portland, Maine 04102. If you cannot get it here feel free to call 774-6877 x116 with your survey choices. Thanks for your input.

Cindi's Easy Turkey Burgers

Makes four decent size burgers

Ingredients

- 1 lb ground turkey
- 1 egg beaten
- ½ cup finely chopped jalapeños
- ½ cup Italian style bread crumbs

- Hamburger buns
- Monterey Jack Cheese slices
- Your favorite salsa

Preparation

Heat barbeque or skillet or "George Foreman" grill. Combine first four ingredients well, but lightly. Form mixture into four balls, and then press into patties.

I like to put the patties in the fridge for a bit to firm up. BBQ, grill or skillet (w/ a bit of olive oil) until done, about 5 minutes a side.

Top with cheese, melt. Serve on buns with salsa.

Delicious!



FALL RETREAT

Positively Social of New England is having their Fall Retreat September 21st-24th at the Pilgrim Lodge in East Gardiner, Maine. This weekend event will consist of canoeing, swimming, informational workshops, arts and crafts, and a jewelry making workshops. Horseback riding will also be available for an additional fee of \$10 for the first ride and \$20 for each additional ride (sign-up times are first come, first served at registration).

If you are interested in registering for this event registration forms are available at FPC or online at positivelysocial.tripod.com. Positively Social wants to remind all attending to do their best in remembering to bring your sleeping bag, pillows, and whatever else you may need. Partners are welcome no matter their HIV status but they must be registered. If you have any further questions please contact Bobby Perry at 207.623.0172.

There will be a pre-retreat gathering at the same location on Wednesday, September 20th thru the morning of the 21st. presented by Ron King. This program is an HIV intervention called Healthy Relations and will provide meals and lodging to participants. Those who attend this workshop will be given a fifty dollar incentive. Space is limited so please contact Ron King at 326-8287 or ronking@prexar.com as soon as possible to reserve your space.

EVENT TICKETS

The Fall brings the start of a new season of events and we want you to be involved. Our new Jesuit Volunteer, Gretchen Johnson, has taken over the Ticket Connection program and is dedicated to making it great. In an effort to organize the program,

Gretchen is asking clients who are interested in the Ticket Connection to call or email her with request on what type of events you are interested in attending. Also she will need to know the best way to contact you and your access to transportation

in case event tickets are made available at the last minute. Gretchen can be reached at 774-6877 x111 or gjohnson@peabodycenter.org. We look forward to hearing from you.

STAFF SPOT LIGHT JULIE CARROLL, CASE MANAGER

New to the Frannie Peabody Center this summer, Julie Carroll has taken on the role of case manager serving clients in Cumberland and Northern York counties. Julie grew up in the Portland area and received a B.S. from UNH in Durham, New Hampshire. After college, Julie spent some time in South Africa working for the Education Department of the Western Cape. Julie became inter-

ested in HIV/AIDS issues through time spent in Africa and a college curriculum surrounding social justice issues and learning how to better serve those who are marginalized by our society. Also, Julie has been inspired by Bono and the ONE Campaign and Oprah Winfrey for her activism. When asked her favorite book, Julie replied, "[Savage Inequalities](#) by Jonathan Ko-

zol, it is an eye opening book about the public education system." Julie's favorite movies are Love Actually and Born into Brothels. What Julie likes most about Maine are the beaches and the sense of a small town feel with big city options. She recently ran the Beach to Beacon and finished just before the Governor. We are proud to have this well rounded woman on board.

INFO BITS

Want to make fifty dollars? It is possible to receive a fifty dollar incentive for attending Ron King's day and half workshop titled Healthy Relationships. For more information see page 2-Fall Retreat.

Women's Evening: In recognition of upcoming Mental Health Awareness Week, Counseling Services, Inc. is pleased to invite you to a very special life-affirming **event for women**. For more information see ad on this page or call Janet Bright at 207-294-7185 or email at janet.bright@csimaine.com

PS Retreat: Positively Social

Retreat this month. For more information see article on page 2.

Think you have a great story: Then make history in sound! StoryCorps is America's largest oral history project and will be in Portland from August 31 until Sept. 25th. Let your stories last for generations to come. Not only will you receive a copy of your session but it will also be added to the StoryCorps archive, housed at the American Folklife Center at the Library of Congress. Make your reservations for an hour long appointment today by calling 800/850-4406 or for more information visit <http://blunradio.org/storycorps>

Support Group Survey: Please take a moment to fill out the survey on the front page. We need your input to know what type of support groups we should offer.

Want to raise money for FPC while searching the internet?: Yes, it is possible! By using www.goodsearch.com and choosing to support Frannie Peabody Center you could earn the agency donations every time you search the web.

State HIV Conference: Will be held October 15&16 in Augusta. Application for clients go out the beginning of September.

Women's Event

A Quiet Evening with Judith Duerk

Renowned Psychotherapist and Best Selling Author of

Circle of Stones: Woman's Journey to Herself

Friday, September 22nd

7:00 PM

St. Martha's Church

US Route 1-Portland Rd.

Kennebunk, Maine

Tickets are \$10 in advance

SEPTEMBER 2006

SUN	MON	TUE	WED	THU	FRI	SAT
					1 First Friday Art Walk	2
3	4 Trans Support Group	5 Scholarship Apps. go out for State Conf.	6	7	8	9
10	11 Trans Support Group	12	13	14	15	16
17	18 Trans Support Group	19	20 Healthy Relationship	21 Healthy Relationship PS Retreat	22 PS Retreat	23 PS Retreat
24 PS Retreat	25 Last day that StoryCorps will be in Portland	26	27	28	29	30 AIDS WALK In Augusta

SCHEDULE OF EVENTS

- Every Friday from 5-9pm the Portland Museum of Art offers free admission to the public.
- Trans Support Group to meet every Monday at 7pm in September at the People's Free Space located at 144 Cumberland Ave., Portland.
- **September 5th-** Registration/Scholarship forms go out for the state HIV conference in October. Check with your case manager if you are interested in attending.
- **September 20th-21st-** Healthy Relationship workshop (see Info Bits and Fall Retreat for more details).
- **September 21st-24th-** Positively Social Fall Retreat (See article on page 2-Fall Retreat).
- **September 25th-**Last day StoryCorps mobile unit will be in Portland (See Info Bits)
- **September 30th-**"AIDS Walk for All" Maine Community AIDS Partnership fundraiser in Augusta (see ad on back page).



FRANNIE PEABODY CENTER

comprehensive HIV & AIDS services

Check us out on the web

www.peabodycenter.org

Frannie Peabody Center

335 Valley Street

Portland, Maine 04102

Phone: 207/774-6877

Fax: 207/879-0761

Email: info@peabodycenter.org

Interested in joining the Living Well with HIV list serve?



This group is set up to provide mutual support for those living with HIV in York and Cumberland Counties. If you are interested in being added to this group please contact Mary Martha at 774-6877 x116 or mmgantt@peabodycenter.org

The Frannie Peabody Center is committed to compassionate care for the community infected with and affected by HIV and AIDS in Maine. The Peabody Center helps the community face and fight the realities of the disease by providing prevention education and direct services, including housing, information, education, advocacy, and counseling services. The Peabody Center treats the whole person with dignity, care and compassion.

POSITIVE THOUGHTS

BY: CHARLIE GRINDLE

Greetings all! I hope these cool nights remind you to do all the fun things you had planned for the summer, because it won't be long now. I enjoy fall in Maine, but there never seems to be enough time to do everything that can only be done when it's warm outside. I'm keeping my fingers crossed that these warm days will stay with us until October (to make up for June, if for no other reason). This time of year was always exciting for me as a child, because the box from Sears arrived with my new school clothes, which I could only look at until school actually started. Does fall hold pleasant memories for you? Maybe picking apples, or riding to see the leaves, or getting the last of the delicious, fresh vegetables from the garden. August is definitely

my favorite month in Maine, followed by September; often warm enough to swim, and clear, bright blue skies that seem to last for weeks. And I hope you all caught Mars on the 27th - it is supposed to be as close as it will get in our lifetimes (maybe it's another urban hoax, but that was the word I heard).

The livingwellwithhiv site seems to be gathering more people all the time. And that's a good thing! Another way to stay in touch without having to go to the Center, and perhaps some group events will be planned in the near future. I was in touch with the SIN (strength in numbers) folks about starting a chapter here, but perhaps this site will make that superfluous. And local is better, right? People in the

neighborhood deciding what their needs are, and how to meet them makes sense. I hope everyone who belongs to the group will come forward with ideas and suggestions about what they might like to be doing. There used to be many more activities and offerings than there are now; maybe we need to do some brainstorming and see how can make our ideas happen. We need to feel empowered to ask for things that will increase the quality of our lives. And isn't that important, not only to us, but to everyone who is aware? If you don't ask, you seldom receive, and this is the life that we want to enjoy to the fullest. Let's figure out how to do that.

Wishing you health, laughter, and love, Charlie

AIDS Walk for All

September 30, 2006

Registration: 10:00am

Walk: 11:00am

5K in Augusta

Maine Community AIDS Partnership will be holding a fundraiser to benefit ASO's statewide. Walkers will have the opportunity to designate which ASO should receive the funds they raise. To get a registration form and pledge sheet please contact Phyllis Verge at mcap@mcd.org or 622-7566 x218.

Volunteers are also need for this event! If you are interested in volunteering please give Phyllis a call.